FALL PROTECTION: SLIPS, TRIPS, AND FALLS

INJURY PREVENTION

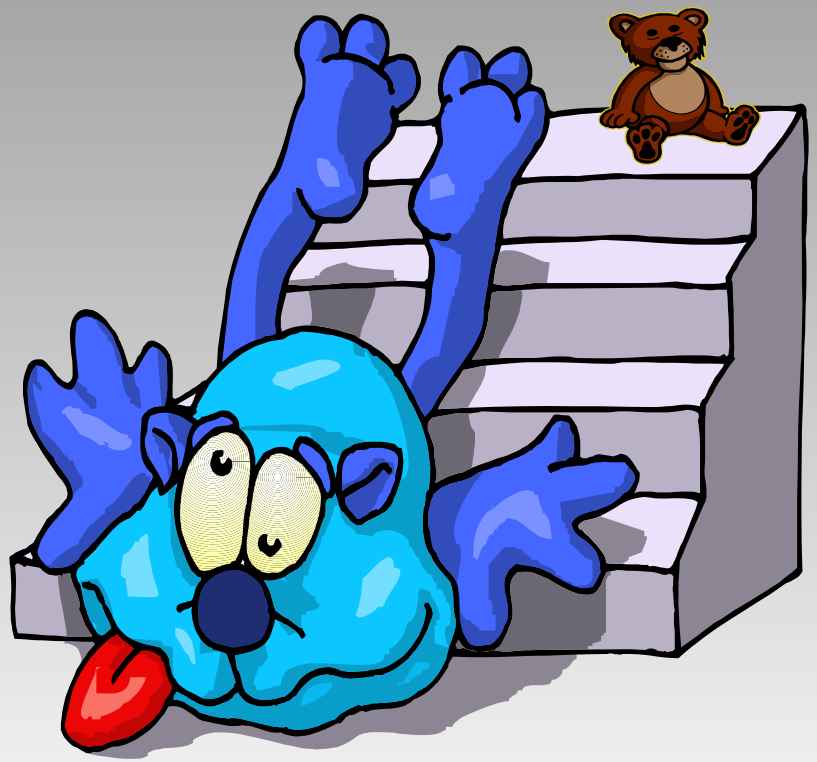
- You take hundreds of steps every day, but how many of those steps do you take seriously? By taking a few minutes to understand how slips, trips, and falls happen, you can prevent needless and painful injuries.

SLIPS!! :to slide along smoothly resulting in a sudden mishap.

- **Weather conditions may cause the floors to be <u>wet</u> or the ground to be <u>icy</u>.**
- **Watch where you are stepping and <u>use caution</u> on wet floors and ice to avoid**

TRIPS!! :to catch the foot on something so as to stumble.

- Damaged steps or misplaced items are major factors in trips.
- Make sure that steps you use often are in good shape and that items (that do not belong on the steps) are out of the way.
- Use handrails when ascending or descending stairs.



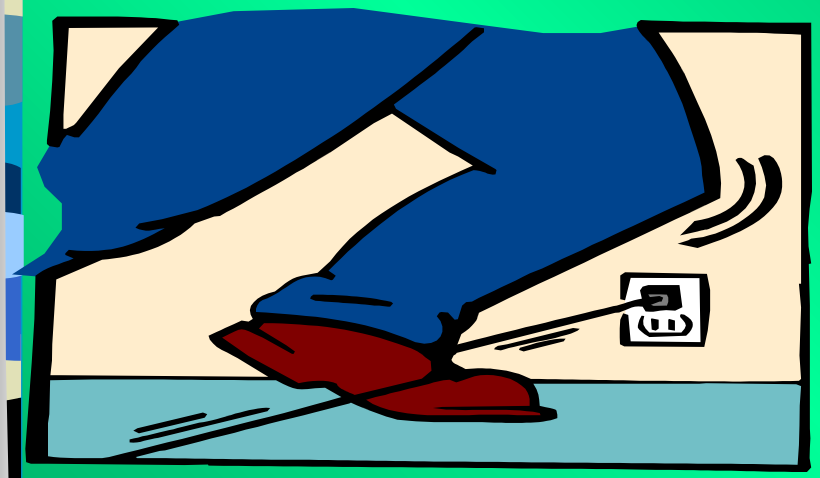
FALLS!! :to descend freely by the force of gravity.

- Eliminate the hazard when possible (i.e. broken chair, unstable ladder, etc…)
- Practice good judgement - Don’t lean back in chairs, don’t climb on unstable shelving or tables.

FOOTWEAR

- **Use good judgement with regard to footwear while on duty. Be certain footwear is in good condition and appropriate to your job function and outside weather**

OTHER HAZARDS



Prevent a potential injury by cleaning up spills and wet floors.

Keep isles and walkways clear of clutter or obstructions.

Pick up objects and move extension cords to eliminate the potential for injury.

WHAT CAN YOU DO?

- If something is creating a potential slip, trip, or fall hazard (clean it up - move it).
- Place signs to of the potential hazard.
- If you can not fix it - so that Facilities Management is aware of the problem.

Notify Supervisor

- Employees should immediately report all work related injuries to their supervisor.
- State law, and USAOC&S Policy, requires that injuries be reported immediately.
- Place a work order or use a Report of Unsafe Conditions form to get the problem fixed.

QUESTIONS?